



**Shelly Wesner, MSW, LSW**

Delaware County Coordinator  
Alzheimer's Association - Central Ohio Chapter

**WORKSHOP TITLE:**

Understanding Alzheimer's Disease and Related Dementias

**WORKSHOP DETAILS**

Thursday, November 12, 2009

9:00 a.m. to 12:15 p.m.

Hayes Services Building, Room G-35

Delaware, Ohio 43015

\$45 per person; 3 CEUs for Counselors and Social Workers

**PURPOSE**

Currently there are 5.2 million Americans who are diagnosed with a type of dementia. This workshop will discuss the different types of dementia, including Alzheimer's disease, which is the most common. Participants will explore different areas of cognitive decline and effective ways to communicate with a person diagnosed with dementia and their family.

**LEARNING OBJECTIVES**

At the conclusion of this workshop, participants will:

- Identify at least three different types of dementia.
- Understand the prevalence of dementia and the need for increased awareness.
- Describe the behaviors associated with different types of dementia and how to manage those behaviors.
- Know how to effectively utilize communication techniques with individuals diagnosed with dementia.

**Shelly Wesner MSW, LSW** is the Delaware County Coordinator for the Alzheimer's Association, Central Ohio Chapter. She has been in this position since July of 2007. In this role she conducts in-home psychosocial assessments for the dyad of client and caregiver(s); facilitates support groups; is the program coordinator for the Day Out Club, a social model respite program for individuals in the early to mid stage of dementia; provides community education; and conducts caregiver education.

Before working with the Alzheimer's Association Ms. Wesner was a case manager for adults over the age of 60 with Catholic Social Services in Licking County. She has also worked with older adults at the Central Ohio Area Agency on Aging and Regency Manor Care.

She holds a BA in Finance from Ohio University and a Master's Degree in Social Work from The Ohio State University. She was also a John A. Hartford Foundation fellow during her studies at The Ohio State University.